

All lunches include vegetables, fresh fruits and choice of milk

# OCTOBER 2020

## REDDING SCHOOL OF THE ARTS

All breakfasts include fresh fruit and choice of milk

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

5  
Sub Sandwich  
Carrots  
Fruit Cup  
Chips

6  
Chicken Sandwich  
Potato Salad  
Fresh Fruit

7  
Nacho Cheese  
Salsa  
Cheese Stick  
Tortilla Chips  
Fresh Fruit

1  
Un crustable  
Veggie Medley  
Fresh Fruit  
String Cheese  
Chips

2  
Pizza Pack  
Celery Sticks  
Fruit Cup  
Cookie

12  
Sub Sandwich  
Carrots  
Fruit Cup  
Chips

13  
Corn Dog  
Potato Salad  
Fresh Fruit

14  
Nacho Cheese  
Salsa  
Cheese Stick  
Tortilla Chips  
Fresh Fruit

8  
Un crustable  
Veggie Medley  
Fresh Fruit  
String Cheese  
Chips

9  
Pizza Pack  
Celery Sticks  
Fruit Cup  
Cookie

19  
Sub Sandwich  
Carrots  
Fruit Cup  
Chips

20  
Taco  
Salad  
Salsa  
Fresh Fruit

21  
Un crustable  
Veggie Medley  
Fresh Fruit  
String Cheese  
Crackers

15  
Un crustable  
Veggie Medley  
Fresh Fruit  
String Cheese  
Chips

16  
Pizza Pack  
Celery Sticks  
Fruit Cup  
Cookie

26  
Sub Sandwich  
Carrots  
Fruit Cup  
Chips

27  
Chicken Sandwich  
Potato Salad  
Fresh Fruit

28  
Nacho Cheese  
Salsa  
Cheese Stick  
Tortilla Chips  
Fresh Fruit

22  
Pizza Pack  
Celery Sticks  
Fresh Fruit  
Cookie

23  
Nacho Cheese  
Salsa  
Cheese Stick  
Tortilla Chips  
Fresh Fruit

26  
Sub Sandwich  
Carrots  
Fruit Cup  
Chips

27  
Chicken Sandwich  
Potato Salad  
Fresh Fruit

28  
Nacho Cheese  
Salsa  
Cheese Stick  
Tortilla Chips  
Fresh Fruit

29  
Un crustable  
Veggie Medley  
Fresh Fruit  
String Cheese  
Chips

30  
Pizza Pack  
Celery Sticks  
Fruit Cup  
Cookie



**PAY FOR MEALS ONLINE**  
MySchoolBucks.com

Lunch prices:  
Full pay: \$3.00

Menus are subject to change.  
This Institution is an Equal Opportunity Provider

