Empowering Students’ Learning: RSA has embraced the support of our parents to assist in successful learning at school. Research supports the importance of parents staying informed about their child’s educational goals and it also supports students taking ownership of their learning. RSA began implementing Student-Led Conferences in grades 4th – 8th and Kindergarten – 3rd grade conferences resembling traditional Teacher-Parent Conference format but included student’s responses to learning. All RSA students reflect on their learning and learning environment to help them succeed at school.

Conferences have many purposes. First, conferences provide parents with important information regarding educational progress across several subjects. Second, conferences offer time to discuss social or emotional learning that the student may be experiencing. Third, conferences allow parents opportunities to ask questions or share pertinent information regarding their child. Finally, what is most important is building communication between the school, student and home.

As students take charge of their learning and their grades, these Student-Led Conferences make sense. Preparing students for high school and college or career requires reflecting on your learning. Students are guided through their learning strengths, interests and challenges based on evidence such as work samples, Mobymax placement tests, YCT Mandarin results, or NWEA test results. The students continue to use this information to build their own learning portfolio that includes measurable goals for improvement, seeks support to build their educational goals, and set and review goals regularly. For parents who have not participated in a Student-Led Conference, the following website provides an example of what your child’s conference in fourth – eighth grade may look. [https://www.youtube.com/watch?v=NTlp9ypzx-Q](https://www.youtube.com/watch?v=NTlp9ypzx-Q)

As RSA strives to meet the mission and vision of supporting students in their learning and partnering with parents. This year, our conferences will take on a different look. Communication will occur in several different ways depending on the grade level. Teachers will share more about conferencing on their websites and Back to School night.

Daily Health Screening for Students: RSA remains vigilant in keeping our students healthy. Watch for symptoms have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.
### SECTION 1: Symptoms
If your child has any of the following symptoms, that indicates a possible illness that may decrease the student’s ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

<table>
<thead>
<tr>
<th>Symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temperature 100.4 degrees Fahrenheit or higher when taken by mouth</td>
</tr>
<tr>
<td>Sore throat</td>
</tr>
<tr>
<td>New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)</td>
</tr>
<tr>
<td>Diarrhea, vomiting, or abdominal pain</td>
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<tr>
<td>New onset of severe headache, especially with a fever</td>
</tr>
</tbody>
</table>

### SECTION 2: Close Contact/Potential Exposure

<table>
<thead>
<tr>
<th>Close Contact/Potential Exposure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19</td>
</tr>
<tr>
<td>Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework</td>
</tr>
<tr>
<td>Live in areas of high community transmission (as described in the Community Mitigation Framework) while the school remains open</td>
</tr>
</tbody>
</table>

**All School Student Drop Off - 7:45a.m. – 8:05a.m.**: Please help us keep RSA open to “in-person” instruction. As outlined in our reopening plan, Drop-off for students must be between the times of 7:45a.m. – 8:05a.m. In order to meet the criteria for “Re-Opening” we have made mandatory changes to the Arrival Procedures for our students. Since we must not mix cohorts, and maintain social distancing, students are entering the school through designated pathways and going straight to the classrooms. If you drop your students off early there is nowhere for them to go and they bunch up at entry gates where they are mixing with other cohorts of students and not social distancing. If we were to have a student test positive for COVID-19 and they were part of this close contact group, you risk that all students identified in this group would need to be quarantined for 14 days. Please partner with us so we can keep our school open for everyone. Thank you.

**News from the Dean - Mrs. Wahl:**

October is our month to focus on the Character Trait: **Respect**. **Respect** means: ● Treat others with respect; follow the Golden Rule ● Be tolerant and accepting of differences ● Use good manners, not bad language ● Be considerate of the feelings of others ● Don’t threaten, hit or hurt anyone ● Deal peacefully with anger, insults, and disagreements.

The color we use to celebrate respect is **yellow**: Think the Golden Rule. You can help your child continue their focus on Respect by trying out some of these activities at home:
Model it: What better way to teach a behavior than modeling the behavior you want to teach?

Discuss it: Pick out times when you see other children using respectful or disrespectful language or behavior and discuss with it your children. By calmly discussing behaviors you not only model respect and self-control, but you are able to teach empathy and understanding for others.

Praise it: When you see or hear your children using respectful language and making respectful choices, recognize it and praise them for making positive, respectful decisions.

Acknowledge it: Don’t just let things slide! Be sure to notice when respectful behavior is being exhibited, and when your child exhibits disrespectful behavior - ask them why they act that way. Identify the cause for disrespect and focus on teaching problem-solving alternatives.

“CHARACTER is doing the right thing when nobody’s watching” J.C. Watts

“Talent Showcase: A Compilation Video of RSA Talent show will be announced.


Student-Led - Parent/Teacher Conferences: Virtual Conferences will be held October 5th- October 9th and are minimum days (K-3rd grade students are dismissed at 12:30 and 4th-8th grade students are dismissed at 1:00). Students in grades 4th – 8th have set their own learning goals for the year and are eager to share their goals and work samples. The K – 3rd grade students have done a similar task of reviewing their learning skills which will be shared by the teacher. All conferences are by appointment only so check your child’s teacher website or emails for details.

Friday Spirit Days: Please join us in showing your RSA Spirit. Prizes will be awarded to Homeroom classes with the greatest participation- Including our Distance Learning students.

Friday October 2nd - In celebration of the Chinese Moon Festival wear a RED shirt
Friday October 9th - Wear any RSA school T-shirt or our school color Blue
Friday October 16th - College Day- Wear your favorite college shirt
Friday October 23rd - October Character Trait is “Respect” this pillar is yellow!! Wear a Yellow shirt today
Friday October 30th - Sports Day- Wear your favorite sports team shirt
Great Shakeout: RSA plans to participate in the Great Shakeout again this year. In our desire to be prepared, each month we practice various safety drills with our students. During the month of October we will have a state-wide participation in an earthquake drill. Teachers will be reviewing the procedure with the students prior to the drill on Thursday, October 15th.

Yearbook: Yearbooks for the 2020-2021 school year are available for purchase through the Jostens site for the lowest price of the year $25.00 at www.jostens.com. The price will increase October 10th to $30.00.

All yearbooks purchased last year have been distributed to homeroom teachers, distance learning teachers and teachers of record. If your child has not received theirs and you believe you ordered one, please first contact their teacher and then contact Sophia Zaniroli szaniroli@rsarts.org. There are a few still available in the office for $45.00 each. Now is the time to start looking for your favorite photo memory of your eighth grader when they were little. Please submit a photo of your child between the ages of 1-3. If you do not have a photo from this age, the youngest age you have will work. Only email submissions will be accepted and can be emailed directly to Mrs. Zaniroli at szaniroli@rsarts.org. These photos are due no later than November 20th.

Holiday Celebrations: With the many holidays around the corner, we would like to remind families about the RSA approach to holidays and celebrations at school. It is the philosophy of the school that holidays should not drive the social studies or student activity programs. Therefore, students are to refrain from wearing Halloween costumes to school. Redding School of the Arts recognizes holidays are an important part of our community. However, to be respectful of various ethnic and religious groups within our school, efforts will be made to represent a broad variety of holidays.

Parent Support at RSA

Parents are a vital part of student and school success. RSA succeeds when our parents invest their time into our school. RSA has many parent groups or opportunities to volunteer your time and talents. What are your talents that RSA students would benefit from?

Governing Board Meeting: The next RSA Governing Board Meeting will be held virtually Tuesday, October 13th, at 5:45 p.m. via zoom. To read adopted minutes or review agendas, visit the RSA web site. You may also email the board with any concerns or questions you may have to rsartsboardmembers@gmail.com.

Theatre Booster Club: Theater Booster Club (TBC) supports the performing arts programs from kindergarten through eighth grade. Although much of their focus is on the fabulous spring musical, students benefit from the TBC Scholarship at promotion, Talent Showcase and other school performances. The TBC is looking for people who like to sew, construct sets, graphic design, communicate, cook, organize and/or work closely with the Musical Directors. This year we are excited to perform Cinderella in our own amphitheater.

October TBC meeting will be held virtually on Tuesday October 13th at 8:15 a.m. Join Zoom Meeting:
https://us02web.zoom.us/j/83689825580?pwd=ckdUcUxpQjIN0ZWhmWk0zYW9mT2diz09.

Parent Teacher Council: Our Parent Teacher Council (PTC) organizes many activities that build a sense of family at the school. Although it will look different this year, the mission of PTC remains the same, connecting families to RSA and financially supporting the extra programs happening at the school. Join PTC for the monthly general or executive meeting to be more involved in parent opportunities, hear about the RSA Governing Board meetings and meet the directors. October PTC meeting will be held virtually on Thursday, October 24th at 8:15 a.m.

Meeting ID: 987 8522 0915 Passcode: 9Fynnj
Promoting Arts Now: If you like to fundraise, perhaps Promoting Arts Now (PAN) would be the spot for you. This non-profit is the overarching non-profit for PTC and TBC. Additionally, PAN is fundraising and building connections in the community to build a theater adjacent to the school and support the board goal of building a high school. Please consider how you can support RSA and review the calendar of events on the RSA or teacher website for opportunities. For more information about PAN please contact Daria O’Brien at dobrien@rsarts.org.

September is National Suicide Prevention Awareness Month

RSA would like to take this time to remind you about our Suicide Prevention Policy, which states, “Suicide Prevention and Instruction strategies shall include, but not be limited to, efforts to promote a positive school climate that enhances students’ feelings of connectedness with the school and is characterized by caring staff and harmonious interrelationships among students. The school’s instructional and student support program shall promote the healthy mental, emotional, and social development of students including, but not limited to, the development of problem-solving skills, coping skills, and resilience. Staff Development shall include education or information which describes the severity of the youth suicide problem, the district’s suicide prevention curriculum, risk factors and warning signs of suicide, basic steps for helping suicidal youth, and/or school and community resources that can help youth in crisis. The Director or designee may offer parents/guardians this information as well.” Suicide is preventable and research shows that there is no single cause; typically multiple factors are involved including biological, psychological, past history and current life events. When stressors become greater than one’s ability to manage and cope with that stress, it can lead to feelings of hopelessness and despair. Depression is the most common condition associated with suicide, and it is often undiagnosed and/or untreated. Due to the current pandemic, stressors are far more prevalent in both students and adults.

As part of RSA’s Suicide Prevention and Intervention plan, we will be showing 7th and 8th grade students a video on Suicide Prevention during the week of October 5th-9th. This video is made by Washington State and comes from Crisis Connections Youth Suicide Prevention Program called “Look, Listen, Link.” This video is made by students and describes the various ways depression looks and sounds. The students share how important it is to Look at peers around you, Listen to what they are saying and Link them to a trusted adult if you have any concerns. This video provides good insight and understanding for how their peers or even themselves may be feeling and establishes an action plan of how to seek support from a trusted adult.

The video link is included https://safeyoutube.net/w/edudb for you to preview if you would like or you can access it on the web under “Look, Listen, Link” a health curriculum for middle school students. If you are interested in learning more about Suicide Prevention and a parent’s role, The Lotus Center is offering a parent night devoted to suicideTalk: suicide awareness (click on the link for more information). If you would like your 7th or 8th grade student to OPT OUT of viewing this video in class during the week of October 5th-9th, please send an email to the homeroom teacher stating your desire to have your child opt out.

If you have any questions or would like more information, please feel free to contact Candice Percia, School Counselor at 530-247-6933, ext. 131 or via email at cpercia@rsarts.org. If you or someone you know needs to talk to or text someone now, The Suicide Prevention Lifeline is available 24 hours a day, 7 days a week for confidential support.

Call 1-800-273-TALK (8255).